

MiniAnne

- The tale of an ongoing success!

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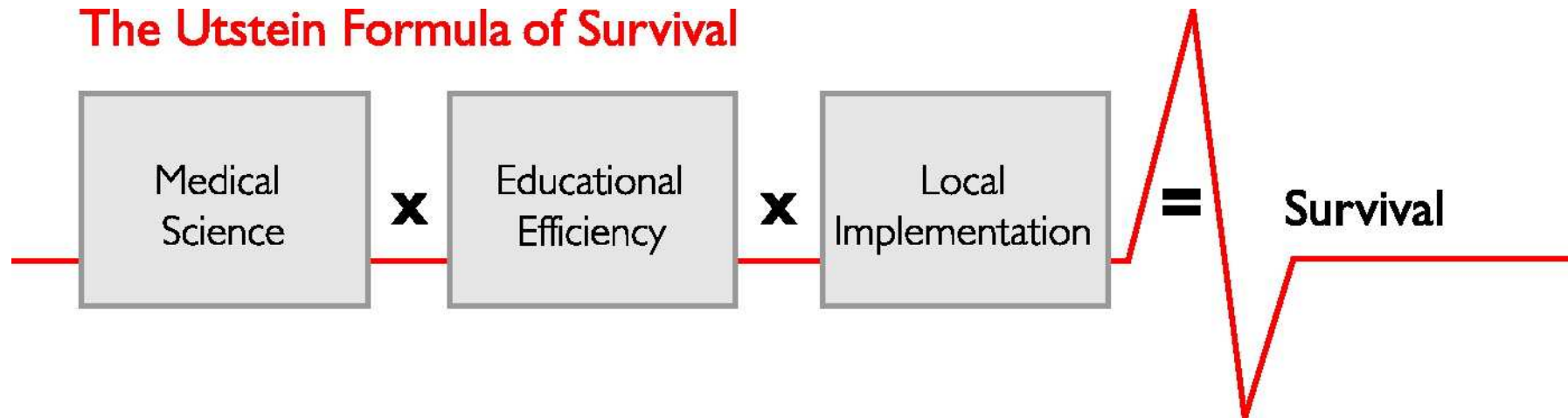


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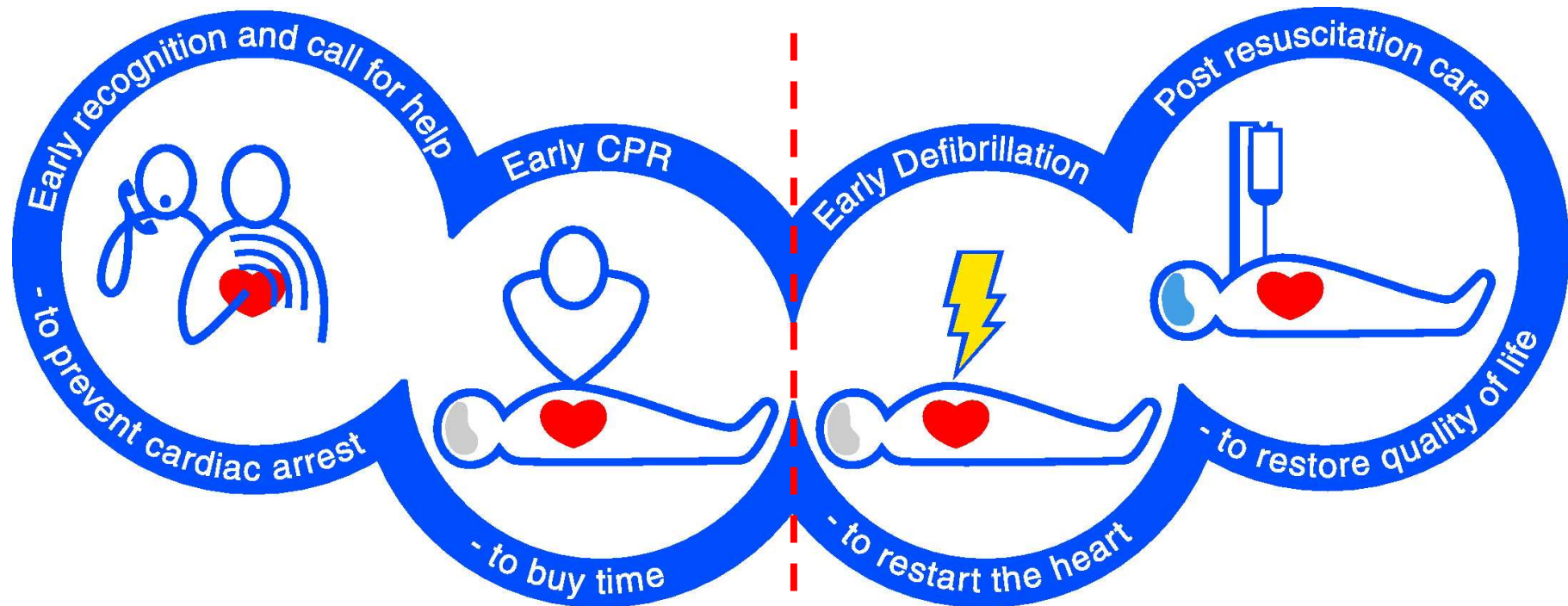
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THE NEED: We have to train more people, and the right people, if more are to survive a sudden cardiac arrest

The Utstein Formula of Survival



The Chain of Survival



New area that can be handled successfully by the lay public – provided they have been trained in CPR and the use of an AED

The need for a take-home training kit

Typical CPR student



**25-35 years old with
a duty to respond at
a workplace**

Typical bystander



**The parents of the
CPR-student....**



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Increasing the number of people trained in a community is critical to improve survival from sudden, cardiac arrest



What is MiniAnne?

- “Practice-while-you-watch”
- Approx. 30 minutes
- Inflatable manikin with indicators of correct ventilations and compressions
- Adjustable to “Infant” chest stiffness
- Carefully prepared DVD with all needed content
- “Mouse-mat” AED Trainer with adhesive pads



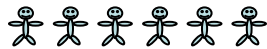
The Multiplier effect

1 instructor/facilitator

2 hour traditional course

TOTAL = 6

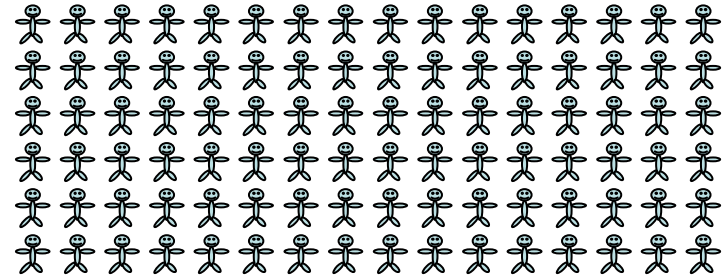
6 students / instructor



Four MiniAnne Sessions

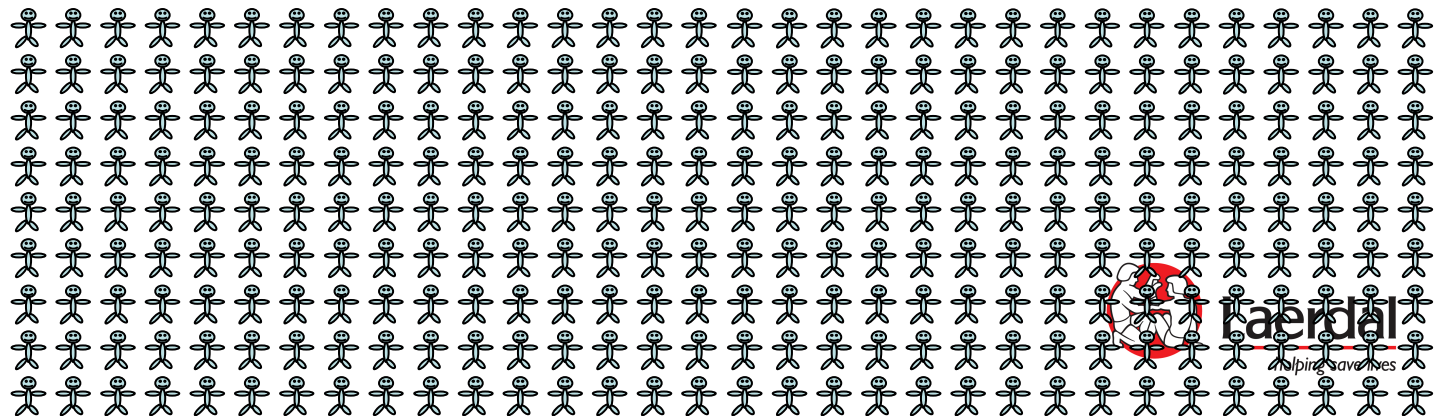
TOTAL = 386

96 students / facilitator



~3 more trainees
at home

290 more students / facilitator



MiniAnne – A global family



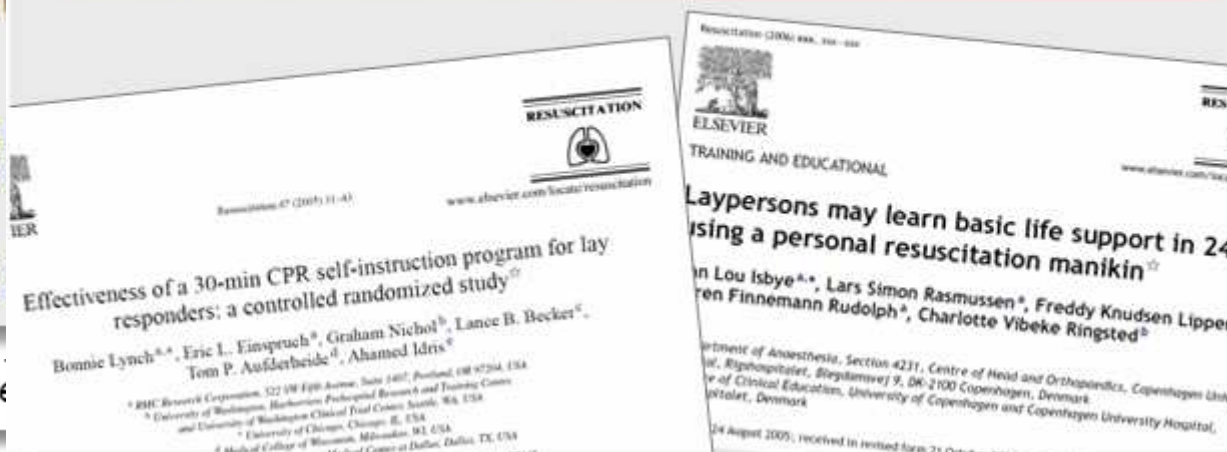
Does it work? What the research says:

A re

The results achieved in six weeks



Both project are being evaluated by PhD research



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Norwegian world record in CPR-training: 3692 pupils trained at the same time on MiniAnne



Satte Guinness-rekord



13-årige Sara og 3.691 andre sjuendeklassinger fra Oslo, Akershus, Buskerud og Østfold har satt ny Guinness rekord.

Girl aged 14 saved her father by doing CPR the way she learned on MiniAnne

Inga-Britt (14) reddet pappa

<- Tilbak

Tenåringsdatter kunne hjerte-lungeredning. Einar Morken hadde ingen anelse om at han var alvorlig hjertesyk før livet tok en dramatisk vending en onsdag i august. Han kan takke datteren Inga-Britt for at han lever i dag. Hun hadde lært hjerte-lungeredning gjennom Norsk Luftambulanses opplæringskampanje.



Inga-Britt (14) lærte hjerte-lungeredning da hun var med på Norsk Luftambulanses Mini Anne-prosjekt. – Det er helt fantastisk å vite at jeg var til hjelp da pappas hjerte stanset, sier hun.

Foto: Marianne Otterdahl-Jensen/ Norsk Luftambulanse ©

Som elev i niende klasse på Lesjasko skole er Inga-Britt egentlig for gammel til å være med på Norsk Luftambulanses prosjekt i hjerte-lungeredning. – Jeg går på en liten skole med 15 elever. Derfor ble det bestemt at vi skulle ta prosjektet til å gjelde også for de andre klassene – ikke bare for elevene i min klasse, sier hun.

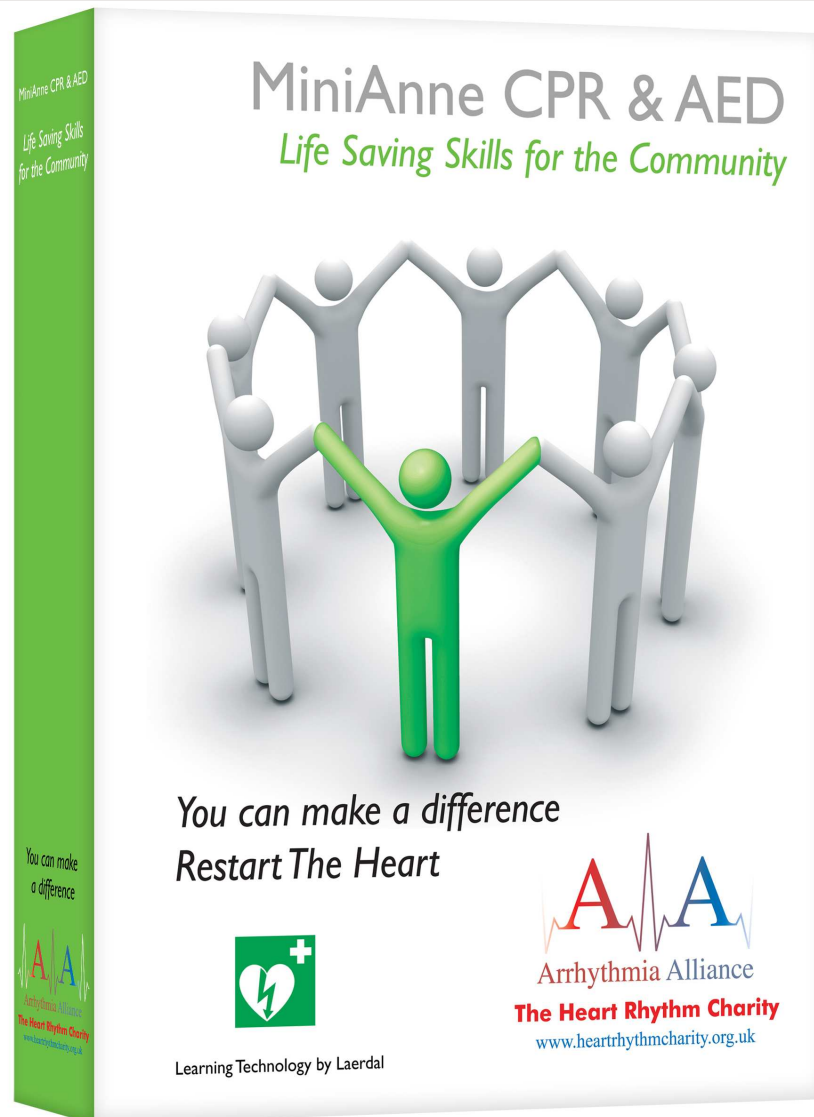
I likhet med medelevene var spennende å lære å øve på kompresjon. Hun nøyte gjennom detaljerte instruksjoner å være en livsviktig "eksamen" senere.



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Launch of Arrhythmia Alliance Mini Anne AED



Contents



Questions?

- Thank you for listening